

BIG IDEA

Honesty is a core value that we should teach our children. This quality will breed trustworthiness that will lead to later success as they grow. If your children wants to be hired by future employers or build healthy relationships, they have to be trustworthy. Spend time this month as a family talking about honesty and how you can be honest at home, at school, and in your community.



ACT IT OUT

At Home: Honesty starts at home and is the best place to teach your child to be a truth-teller. Talk together as a family and decide that honesty is the policy of your house. Decide together what the consequence for lying is and how you will handle it as a family.

At School: School can be a place where our child can struggle with honesty. Honesty is not only about telling the truth, but also about doing what is right when faced with a decision. Ask your child if they have been in situations where they could cheat on a test or take something from someone. Talk with them about how to handle these situations, how to make the right choice and discuss the outcomes.

In Community: Imagine a community where people genuinely trusted one another. Practice honesty as you are out in your community. Whether it's obeying traffic laws or avoiding telling white lies, there are simple ways to model honesty for your children. It is an essential ingredient for building trust. Honesty isn't always easy, but the benefits are worth the effort!

TALK ABOUT IT



- Week 1:** Why is honesty important to our family? How do we demonstrate honesty?
- Week 2:** Why do you think people are dishonest? How do you feel when someone is dishonest to you?
- Week 3:** What is the first lie, big or small, you remember telling? What happened as a result of your dishonesty?
- Week 4:** What are some ways or situations where you've been honest this month? Were there situations where you were dishonest?

CALENDAR YOUR KIDS



On your child's birthdate day, schedule a specific time to spend with your child. *Example: Your child's birthday is 10/15. You would plan time for that child on the 15th of each month.*

Beginner Idea: Spend time with your child playing '2 Truths and a Lie'. Tell them 2 truths and 1 lie about yourself and see if they can figure out the lie. Have them give it a try. Take the opportunity to talk about the importance of telling the truth.

Advanced Idea: Take your child on a one-tank trip. Along the way, look for situations where you can demonstrate honesty. Entering a place with an honor box for donations or waiting your turn in a long line. Be a constant role model. You do not want your child to hear you telling a lie or see you perform a dishonest act.